

BeWellPhilly

Do Free Weekly Yoga (and Happy Hour!) in KOP

Not bad for a Tuesday, eh?

By [Bailey King](#) | May 26, 2017 at 11:30 am

Happy hour in King of Prussia just got a *bit* more flexible (see what we did there?). Starting on Tuesday, June 6th, the King of Prussia District and [Stillpoint Yoga Studios](#) will be hosting the fourth annual [Yoga Happy Hour](#) series, a free seven-week yoga series held in the pavilion at the King of Prussia Town Center (155 Village Drive). What to expect: Every Tuesday from June 6th through July, an instructor from Stillpoint will lead KOP employees and residents through an outdoor, all-levels flow followed by a happy hour featuring tastings and specials from different KOP restaurant. Anticipate some bumpin' tunes throughout the whole experience. Class is BYO-mat, water and towel, so come prepared!

Happy yoga happy hour-ing!